



PATRICIAN COLLEGE OF ARTS AND SCIENCE

ADYAR, CHENNAI - 600 020.



NSS REPORT 2018 -2019

The National Service Scheme of Patrician College of Arts and Science commenced its regular activities for the academic year 2018-2019 by participating in a **Walkathon Awareness Rally** organized by the **Tamil Nadu Health Department** on Wednesday, 11th July 2018 which was observed as the **World Population Day**. 200 NSS Volunteers participated in this rally at 7.00 a.m. in Elliott's Beach, Chennai and created awareness by holding placards and slogans, focusing attention on the urgency and importance of population issues.



Shine Child and Women Welfare Trust organized a rally on the 3rd remembrance of our Former President, Late Dr. A P J Abdul Kalam on Friday 27th July 2018 at 10 a.m. in Elliott's beach, Besant Nagar, Chennai. 20 NSS Volunteers actively participated in the rally and promoted the vision of **A P J's 2020**.

Doordharshan TV Channel in association with **Theosophical Society** conducted a Talk Show titled **Young India @ 71** on Monday 6th August 2018 at 3 p.m. in the Theosophical Society in connection with 71st Independence Day celebration. Dr. Venkatesh Ramakrishnan, Historian, Dr. Ramasubramiam, Political Analyst, Mr. N Baskaran, Senior Journalist and Prof.

Sudha Sesaian, Literary Personality (Arts & Religion) presided over the talk show as panel members. The theme of the talk show focused on Youth's ideology about our nation, their aspirations and viewpoint on today's freedom. 23 students from NSS and English Department participated in this **Talk Show** and exhibited their rhetorical ability which was later telecast in DD News Channel on 12th August 2018.



In pursuance of the vision of Swachh Bharat as proposed by our Hon'ble Prime Minister Shri. Narendra Modi, NSS Units of Patrician College of Arts and Science launched a special cleanliness drive in the month of August and performed various activities to uphold cleanliness in and around the college. In the observance of **Swachhta Pakhwada** NSS units ensured the publicity of **CLEAN INDIA MOVEMENT** and involved the general public to take an active part in keeping their environment clean.



Mr. Ramesh. K, Inspector E3-Tenyampet Police Station, Mr. Sekar, Slum Representative and Mr. Moraji Desai, Proprietor – **Turning Point NGO** addressed the NSS Volunteers on Friday 10th August 2018 around 9.00 a.m. held at Dr. Thomas road, Teynampet on the importance of Swachhta (Cleanliness) and the objectives of youths role in preserving an uncontaminated surrounding. Followed the speaker’s address the NSS Volunteers took Swachhhta Shapath (Oath) in front of the mass gathering to create awareness to the public that cleanliness is a collective effort of every individual and not ordained only to a specific community who should keep the surroundings clean.

Mr. Ramesh. K, Inspector E3-Tenyampet Police Station waved the green flag and initiated the rally in the Tenyampet slum area with the major theme “**CLEAN INDIA DEVELOPED INDIA**”. Around 80 NSS Volunteers depicted various messages on banners and placards like CLEAN INDIA HAPPY INDIA, CLEAN INDIA HEALTHY INDIA, and BE CLEAN TO GET AWAY FROM DISEASE to create responsiveness on the subject of **CLEAN INDIA**.

During the rally the NSS Volunteers took up door-to-door campaign highlighting on dirt-free and plastic-free environment.



From 6th to 31st August 2018, all the NSS Volunteers of UNIT 1 and UNIT 2 took active participation in cleaning the college campus. Ten volunteers on a rotational basis were stationed near the canteen area to guide and instruct the fellow students to drop the used water bottles, juice bottles, tea cups, dish papers, snacks covers in the dustbins.

NSS, Patrician college of Arts and Science identified a special agency –ANDHRA MAHILA SABHA which has the Centre for the mentally retarded, ORTHOPAEDIC CENTRE and old age home. 15 Girls students took active part in cleaning the girl's hostel for the disabled on Monday 20th August 2018 at 12.00 p.m. 23 NSS Volunteers on Tuesday 21st August 2018 at 11.30 p.m. underwent a cleaning drive in the Open Air Auditorium of ORTHOPEDIC CENTRE in ANDHRA MAHILA SABHA.



Mitralaya Foundation organized a Job Fair on Saturday 1st September 2018 in St. Thomas School, Little Mount, Saidapet. 50 NSS Volunteers along with the PG Department of English assisted the Mitralaya Foundation in successful conduct of the Job Fair.



Sri Shankara Arts and Science College, Enathur, Kanchipuram, conducted a **State Level NSS Fresher's Orientation program** and various cultural activities on Thursday 7th September 2018 and Friday 8th September 2018 from 9 a.m. to 5 p.m. in their college campus. 5 first year NSS Fresher's from B.Com AF department participated in the orientation program and cultural activities and won 1st place in the Mime competition at the State Level.

Madras Students Social Service League celebrated Gandhi Memorial Function on Tuesday 2nd October 2018 at 2.30 p.m. in Gandhi Mandapam, Chennai. 40 NSS Volunteers took part in this memorial function and paid homage to the Father of our Nation.

As instructed by the NSS cell, University of Madras, Sardar Vallabhai Patel's birthday was celebrated as **NATIONAL UNITY DAY** on Wednesday 31st October 2018. 50 NSS Volunteers took part in this event and took a pledge which pivoted on maintaining Peace and Unity in the Nation. Later, the Program officers of NSS briefed the volunteers on the importance of celebrating National Unity Day.



Gaja Cyclone hit Tamil Nadu coastal regions from 10th November 2018 - 21st November 2018. Many coastal areas were poorly affected by this great disaster. To aid and serve the victims of

Gaja Cyclone the college management in collaboration with the Outreach team, AICUF and NSS Club conducted **Gaja Cyclone Relief Drive** on Sunday, 9th December 2018 in the affected areas of Thiruthuraipundi and Vedharanyam by helping them with basic necessities for their livelihood.



Vanavil Panpaatu Maiyam in collaboration with NSS Cell, University of Madras organized a Walkathon program to commemorate the Birth Anniversary of Mahakavi Bharathiyar. 100 NSS Volunteers participated in the Walkathon Rally on Tuesday 11th December 2018 at 7.30 a.m. from Senate Building, Chepauk, Chennai till Bharathiyar Illam, Triplicane, Chennai.



Nehru Yuva Kendra and Ministry of Youth Affairs and Sports, Govt. of India jointly organized 14th Science Communication Review Competitions for Ariviyal Kalanjium Awards

2019 on Saturday 12th January 2019 in University Centenary Building at 9 a.m. 10 NSS Volunteers enthusiastically participated in the competition and showcased their talents. .



Thozan, NGO in association with **Grassroots Volunteering App** conducted A Traffic Awareness Campaign at Adyar signal on Sunday 27th January 2019 from 4 p.m. to 6 p.m. 15 NSS volunteers took part in this traffic awareness campaign and assisted the traffic police in creating traffic awareness by advising the drivers and passengers to wear helmets and seat belts for their safety.



Cancer Institute, Adyar organized a Cancer Awareness program by forming a Human Chain with 2000 volunteers on Sunday 3rd February 2019 at 7 a.m. in Elliott's Beach, Chennai by forming the theme "**I AM A CANCER SURVIVOR AND I WILL INFORM OTHERS**". 100 NSS Volunteers partook in this Human formation and broke the myths of cancer.



Ashwin Maharaj Foundation in association with **Cancer hospital**, Adyar and **General Hospital**, Park Town, organizes Health Mix Distribution Programme and Music Therapy sessions for Cancer Patients. 20 NSS volunteers from Patrician College energetically participated in the Health mix distribution and Music therapy sessions in Cancer Hospital and General Hospital and rendered service to cancer patients.



Ministry of Health and Family Welfare, Govt. of Tamil Nadu organized **SPARSH LEPROSY ELIMINATION CAMPAIGN** from Thursday 21st February 2019 to Friday 8th March 2019 across

18 districts in Tamil Nadu. 40 NSS volunteers from our college participated in the field work as 20 teams and did Leprosy Survey in Adyar, Besant Nagar, Kotturpuram, Indira Nagar slum and urban areas to detect the symptoms of Leprosy in prescribed format. Later, the completed survey sheets were submitted to the Health Inspector of Adyar Wing for further inspection.

REPORT ON NSS SPECIAL CAMP (2018-2019)

The seven day special camp with 100 NSS volunteers of Patrician College of Arts & Science, led by the Program officers Mr. Prithivi Rajkumar and Ms. Abinaya Devi, was held in Sevalaya, Kasuva Village and Puliur Village, Pakkam, Thiruvallur district from Wednesday **27th February 2019 to Tuesday 5th March 2019**. The camp was inaugurated by **Dr. Ahila Sivasankar**, Dean of Extension Activities, Patrician College of arts and science at 3p.m on the first day of the camp following which the volunteers explored Sevalaya and Puliur village. The volunteers were divided into ten groups and various tasks were allotted to each group for the following six days.



Volunteers started their days with prayer and warm-up which was followed by fieldwork in the Sevalaya campus. On the second day, the volunteers cleaned the vermi-compost pit for the vermi-composting process. Then, a paper bag and cloth bag making workshop was conducted by our student volunteers **Ms Jemima and Ms Surya** for the other volunteers. It was



followed by a debate on various social issues in which students actively participated and expressed their views.



On the third day, the volunteers worked for the green canopy formation in the Sevalaya campus after which juice squash making workshop was conducted by Mr. **Manoj**, a nutritionist from the Food and Nutrition Department for a set of volunteers. Another batch of students visited Puliur village to invite the villagers to the free medical camp which had been organized for them the following day. It was followed by an activity in which volunteers discussed various historical events.



On the fourth day, our NSS in collaboration with **Saviour Medicals Trust and Chennai National Hospital** conducted a free medical camp for blood pressure, sugar level and general consultation in puliyur village. A self defence workshop was conducted for the other batch of volunteers and Sevalaya hostel students by Mr **Mohammed Rafi**, Vice President, All India Kenwa Shitoryu. It was followed by **Jam making workshop** by the nutritionist Mr. **Manoj** for the volunteers and the hostel students. Then, our NSS volunteers conducted sports for the Sevalaya school students. Following the volley ball match, prize distribution ceremony was held in the evening after which a self development program was organized for the NSS volunteers.



Mr. **Arputhanesan**, a Psychologist and life skills coach enlightened the students on the secret of success and engaged them with intellectual activities. Following a break, students took part in story narration in which they entertained their fellow volunteers with creative and interesting stories.





On the fifth day, the volunteers planted saplings in the Sevalaya premises as part of their fieldwork. Then, they visited the old age home in Sevalaya and interacted with the inhabitants to take a survey on their physical and mental health which would be submitted as a report to the Sevalaya coordinators. It was followed by a brief session by **Mr. Aravind**, Advocate who spoke about the Basics of the Indian Constitution to our volunteers.



Like the previous day, the volunteers conducted various sports events for Sevalaya hostel students in which they played handball and basketball and had 200mts. dash. Following the prize distribution, the volunteers took part in treasure hunt organized by our alumni and former NSS leaders to find out how well acquainted the volunteers were with the places in Sevalaya during their stay there.



On the sixth day, the volunteers were engaged in cleaning and gardening as part of their field work. It was followed by English assessment for the Primary School Students. Then, our volunteers conducted a creative activity called **“Think out of the box”** for the Middle School students. A team of volunteers put on a mime show on Plastic Ban Awareness and another team staged a street play in view of World Water Day for the school students following the creative activity. It was followed by a personality and psychological test for the sevalaya hostel students to identify their personal problems which would be submitted as a report to the Sevalaya Coordinators.



On the seventh day, the special camp came to an end with the final analysis and feedback session in which the volunteers shared their experiences and observations and also offered suggestions to be considered for the next camp. Following that, the valedictory session was



presided over by the Chief Guest **Dr. Baskaran**, NSS Coordinator, University of Madras and



Dr. A. Joseph Durai, the Principal of Patrician College. The Chief Guest in his special address elaborated on the importance of NSS and Self development. Later he interacted with the students and various feedbacks and experiences were shared with the gathering. The

program and the 7-day **Special Camp** ended with the Vote of Thanks which was proposed by the NSS Volunteer. The NSS volunteers carried home a bundle of good memories and enormous experience on the importance of serving the society.

The volunteers were extremely satisfied with the outcome of the seven day camp which they found very influential and enriching. The interactive sessions in the old age home, Sevalaya school and hostel made a great impact and they suggested we arrange more such sessions in future as part of NSS.