



Director's Message

"Behind every successful person, there is one elementary truth. Somewhere, some way, someone cared about their growth and development."

The origins of mentoring can be traced back to ancient Greece as a technique to impart to young person important social, spiritual, and personal values. According to Greek epic, Mentor was the friend of Odysseus and tutor to his son. His name is well known for a faithful and wise adviser. Thus, mentoring provides a unique growth oriented relationship which is the need of the hour in students' community.

A successful workplace mentoring relationship results in the development and future life of youth, which helps to create a highly committed, disciplined and educated youth to our society. Being a mentor also takes the commitment to a whole new level. The main purpose is being a caring and supportive adult who is interested in helping a young person attain academic and personal success.

In all these light, we are very happy to initiate Patrician Mentorship and Counselling Services from the academic year 2019-20. The Patrician family strongly believes that mentoring creates positive impact in our student lives. We believe that through mentoring students find more self-confidence, self-esteem and that by mentoring our student's behaviour, attitudes and relationship improves.

The goal of the program is to instill belief that any person can succeed in their life if they are willing to set goals and work toward making them a reality. Also, we want to make sure that our students are not alone when they face difficulties and challenges within, along and beyond curriculum.

Academic Director's Message



I am glad that Patrician College is starting its mentorship and counselling programme for the year 2019-20. Mentoring and counseling are an integral part of the Institution. In today's context, campus in HEI has identified blocks that are not only in Academics but more so in the non academic areas. Hence mentoring and counseling services are the need of the hour to facilitate students to maintain healthy and positive progression. Academic mentoring provides students with clear pathways for successful completion of their academic and career goals. Mentors and counsellors will help in confidence building, career planning and in over all personality development of students. As we begin the new academic year, I convey my good wishes to the members of the Mentoring and counseling cell in their entire endeavour to create a vibrant and healthy environment in the campus.

Principal's Message



Student life, without doubt is exciting, challenging and a rewarding experience. To address the needs of students who experience any kind of crisis – be at academic, emotional, social or financial, during their academic career, student counselling and mentoring has become an intrinsic part of Patrician College of arts and science. Words of encouragement, motivation and the corrective and preventive measures taken, makes our students set higher benchmarks to enhance their academic performance and more importantly to change their outlook towards life. The invaluable support of the teachers as counsellors and mentors who resolve and avert potential problems that students might confront gives them the assurance that they are braver than they believe, stronger than they seem and smarter than they think.



Patrician Mentorship and Counselling Service

Mentorship program has become a unique part of many thriving institutions of higher education. It has a blend of hands-on experience in addition to thoughtful reflection and provides every student with clarity in their perspective of the course they have chosen. Mentors have an opportunity to expose their students to professional atmosphere beyond regular classes. This knowledge moves students ahead of theoretical knowledge as they are introduced with capabilities such as marketing of their skills, leadership, networking, knowledge of economic realities of future profession etc. Academic Mentorship is the first line of response for poor academic adaptation of students. However, present campus settings require a structured and extended support for mentorship which involves personal mentorship and students' counselling.

Mentorship program is inevitable in any higher educational institution and it involves helping students to reach what they want to be. In such a light, the objectives of mentorship program in Patrician College of arts and sciences in the name of Patrician Mentorship Program are highlighted. Also, the standard operating procedure for such a program by the mentoring committee is presented.

Objectives

1

To facilitate students learn the way of learning that leads to competence, clarity and confidence in their pursuits.

2

To provide a support system for students' academic well-being in Patrician College

3

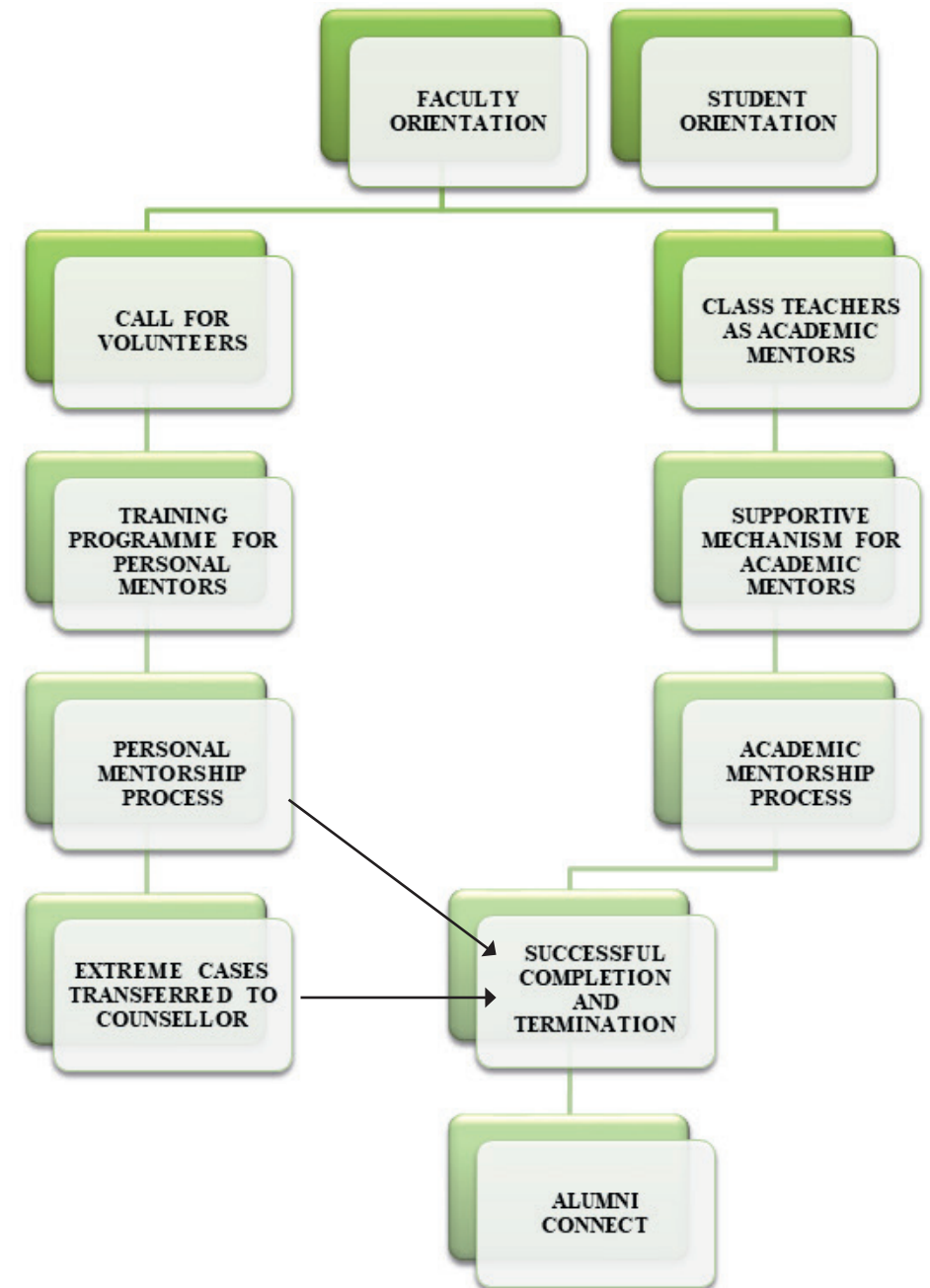
To guide students have an effective transition phase from academics to occupation.

Standard Operating Procedure

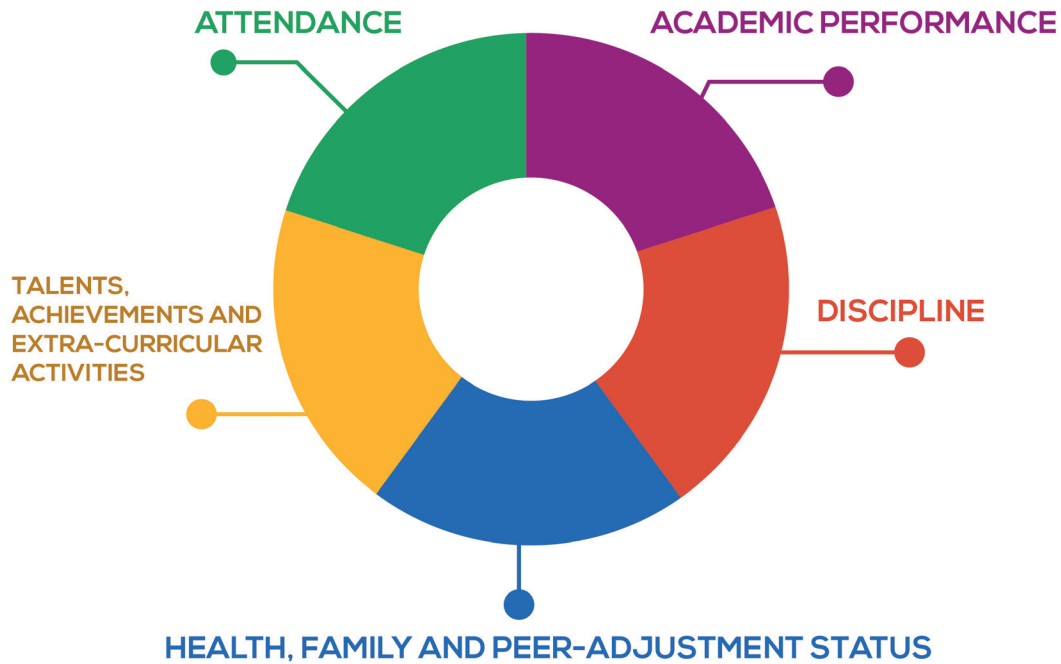
The mentoring program is aimed at facilitating a better academic presence of students at Patrician college of arts and sciences. A three tier system is introduced to address the problems of students. Tier I will be academic mentors who are class in-charge faculty members. Tier II consists of personal mentors who volunteered and Tier III is students' counselor from department of psychology. To sum up, the following points give an idea about how the mentorship committee has planned to implement an effective mentorship program in our campus.

1. Orienting the faculty members about academic mentoring.
2. a. Call for volunteers among faculty members for personal mentoring.
b. Class teachers to stay as academic mentors with minimum 2 compulsory sessions per semester.
3. Training program to be conducted for personal mentors.
4. Registration of personal mentorship process and extreme cases to be transferred to students' counselor.
5. Students' counselor with required infrastructure facility is to be introduced from Psychology department on part time pay roll after day college routines.
6. Successful completion of the above mentioned process is believed to lead to good Alumni connect.
7. Documentation and Records will be maintained by the committee members assigned to respective departments.

Mentorship Programme Flow Chart



KEY FOCUS AREA



Patrician Mentorship and Counselling Service Three Tier System and its Functioning

Tier	Tier I	Tier II	Tier III
Title	Academic Mentors	Personal Mentors	Counsellor
Who are they?	Class teachers	Volunteering Faculty members	Coordinator of Cell and / or Faculty members of Psychology
What is their role?	Monitor the 5 KFAs and refer students with issues in 2 KFAs to Personal Mentor and for issues in 3 KFAs to Counsellor	Lead referred students with issues in more than two KFAs to progress and/or Refer to counsellor if necessary	Conduct session with referred students and/or plan solutions along with Academic/Personal Mentors
When do they act?	As per Calendar	As per need	As per need
When are they available?	First hour on particular date	Flexible hours suitable for mentors and mentees	1.30 PM - 3.30 PM and as per demand
Where do they act?	Class room	Campus	Counselling Room
What are the soft copy documents to be maintained?	APPENDIX I PMCC - AM Format	APPENDIX II PMCC - PM Format	APPENDIX III PMCC - CS Format

The Counselling Cell

The Patrician college counseling cell is a part of mentorship programme. The counselling cell is aimed at delivering services like individual counseling, group counselling and training activities for PCAS students and staff. It is open two days a week i.e. Tuesday and Thursday between 1:30 PM - 3:30 PM. The counselling cell will help the students in their everyday concerns and also enhance their student hood in our campus. In addition, training programmes on topics relevant to enhance the academic well-being of the students will be conducted annually.

The proposed counselling cell follows individual counselling added with collaborative-dependent model of consultation i.e. Consultant-Consultee-Client in campus settings. In this model, the consultant (Counsellor) works together with the consultee (Faculty member i.e. personal /academic mentors) for the betterment of the client (Student). The consultant and consultee are believed to have a unique set of experience and expertise that they are able to contribute to solving a problem. The consultee continues to depend upon the consultant's Problem-solving expertise, Knowledge of normal and abnormal development and Skills for affecting client and systemic change.

